Bristol channel sequence

black gulls ride the surf stick up tails thwacked by small waves

our bodies are

she was struggling to get out of the water

lacking that upper body strength

no one saw her

hauled herself out up to her knees in mud

a place to haul out of the city

Clevedon Pill

pwl pool pull

Bristol to the north Sand Point to the south yellow lichen on sandstone

Steep Holm beyond

sun burns through dark glasses

black rock mermaid

straight back still

single note

gull piano solitary upright figure

is unplaced

her back to the sea facing inland

long black hair covers herself to cat calls

beyond Steep Holm

the ghost of Flat Holm

she hasn't moved

you are ghosting me

Cardiff Canalchemy walk to the sea

sea lock

percussion car tracks hit tarmac deck overhead

varied bird song abandoned space purple mallow flit stop pause

Wetlands Reserve

pond cranes shame

a dead end water boat men

ferry me away

stickle back stiffen me

get energy from the sea

from the fluorescent jacket

what kind of energy do they get

he watches a solitary moorhen

or its pair in the reeds

Cardiff Bay

opposite the light house on Flatholme

behind the fairground

repeat the same tune

I think you can see Dunkery Beacon peeping over the tip

this is a picnic

debris amongst the rocks

I have brought the other shore with me

there's no sense writing about it

it came for lunch

no romance parking lots

merciful cloud

what is that headland can it be my headland?

where mynadd sits

music still beats our longing

woo woo woo

woo across the channel

seagulls settle on the seaweed rocks

without let or hindrance

swifts meet & part mid air

divide & synchronise

sea defence rocks

capital white letters

LEAVE EU

erase with her body

erase with alabaster

leave

V EU

July 19

alabaster torso

waiting for a train at Llantwit Major thinking about Steve's love of alchemy and the man obsessed with porcelain

90% of Billingsley's porcelain ruined in firing striving for a fusion of matter so fine as to be translucent

the albedo stage of the alchemical opus ... a purification to open new pathways

we were walking below pink and white alabaster outcrops in Penarth Head boulders fall to the beach

translucent stone which varies in colour from pink and white to undyed fleece

extremely soft when first quarried fine detail in mediaeval church carvings

'Nottingham' alabaster erased by the Putting Away of Books and Images Act

> in Lisbon I saw figures of saints, shoulder to shoulder flowing into each other colour worn away texture of skin

we age and the light shines through us shines through you but don't call me an idiot for the delay

our tempers break and our bones thin 'Osteoporosis' sd Marie-Flore

'I must not turn or twist my spine. These are the movements I cannot do, they told me but these are the movements that I do' turning and twisting her spine

St Donat's Bay

rock spills down

I did say above you

and there are cracks underneath

cut rock

could fall

this slice of sandstone

slice out

stroke waves

meant waymarks

the sea is curling up

our separation anxiety

which inlet is that

is it Watchet?

ancient mariner albatross-hung bronze in the harbour

at Coleridge cottage we had an albatross

flight suspended from the ceiling

goose feathers and wire

you must go to the airport

flight attendants check ears every two years

if I have ears to heal

google Exmoor ridge the high path

hare path here path

grass growing through the middle